

# DISCOVERING YOUR HERO

As most people know, Everyday Heroes are not people who wear capes and possess super human powers.

They are people who go about their day-to-day lives making the world a better place by going above and beyond what is required of them. An Everyday Hero does what they do, not to become rich or famous, but to find purpose in this world and to give back to the community around them.



One example of an Everyday Hero is Hector Perez, a professional artist and art teacher whose murals are on several buildings in Detroit. Mr. Perez does more than just create beautiful art, He also teaches through what he creates. Students who work with him learn as much about history and culture as they do about painting. Mr. Perez says, "If art doesn't serve a purpose for society, it is not reaching its full potential."

He adds, "For your role model, look to someone who is passionate about their work, someone who is selfless with their time, and who has the courage to always tell you the truth."

## For this exercise

You will work on discovering true Everyday Heroes living in the world around you.

In the rectangles below, write the names of any people whom you consider Everyday Heroes. Some obvious people to think about are your family members. See if you can also think of at least two people in your neighborhood, religious community, school, or even places of work who might be Everyday Heroes. On the lines to the right of the rectangles, write three things you can think of that really make each person stand out as an Everyday Hero.

Remember; try to think of qualities about that person that are really extraordinary!

EVERYDAY HERO

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EVERYDAY HERO

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